

Meat Free Monday Crossword

Activity

Distribute photocopies of the Meat Free Monday Crossword to the children and ask them to complete the puzzle in pairs or groups. Strongly discourage the children from calling out the answers.



Background

Solving crossword puzzles helps one develop reasoning skills and improves one's vocabulary and spelling. Crossword puzzles are also associated with recreation, so they can provide an engaging activity during subject reviews.

Learning Objectives

Children should learn the following:

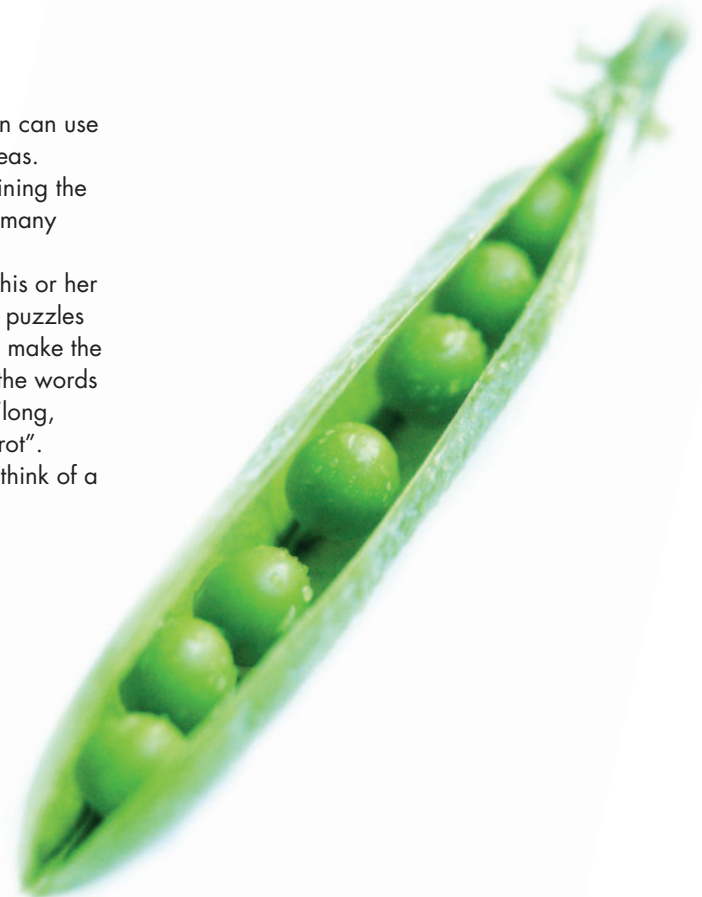
- To explore Meat Free Monday issues in the context of crossword puzzles
- To consider definitions of a variety of words

Accompanying Materials

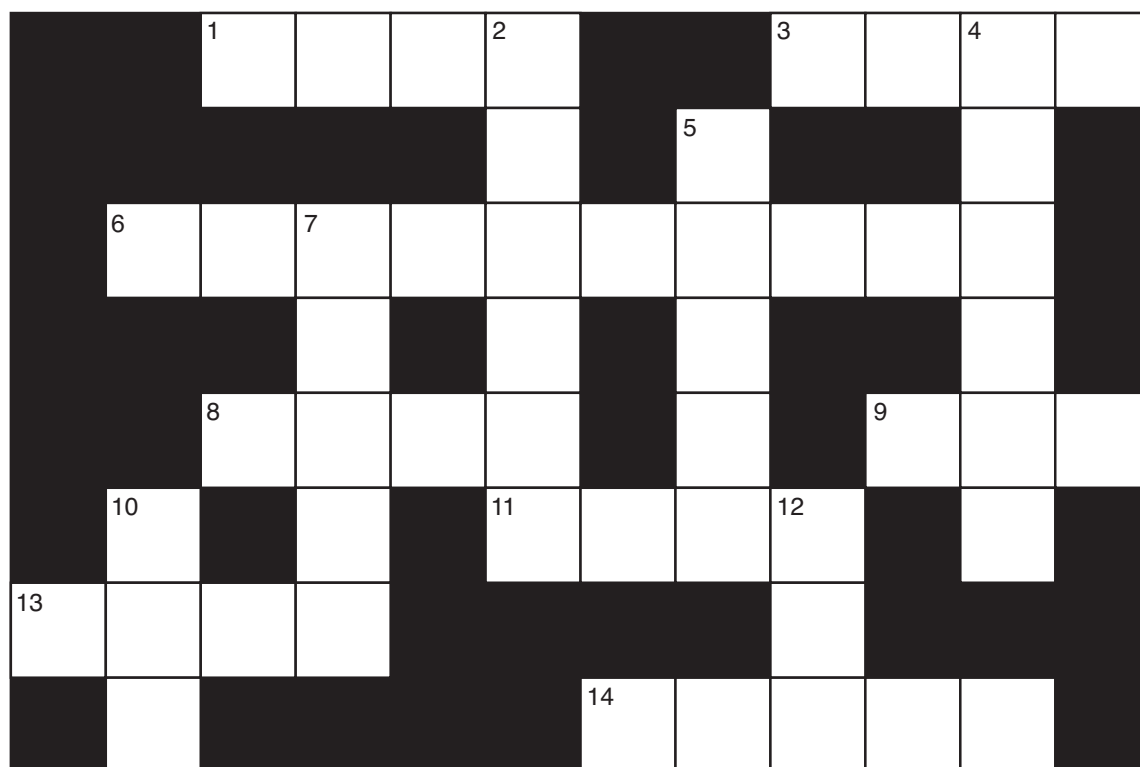
Meat Free Monday Crossword (student worksheet)

Extension Ideas

- Write an alternative set of clues for the crossword puzzle. Children can use dictionaries to look up definitions or to come up with their own ideas.
- Using grid paper, children can design word-search puzzles containing the names of fruits and vegetables. Alternatively, they can use one of many online "word-search creator" tools, such as the one available at griddler.co.uk/wordsearchcreator.aspx. Each child should give his or her puzzle to someone at another table to complete. Alternatively, the puzzles can be compiled in a Meat Free Monday puzzle compendium. To make the word searches more challenging, children could provide clues to the words hidden in their grids instead of simply listing them. For example, "long, orange vegetable grown underground" could be the clue for "carrot".
- Play "Guess the Meat Free Food – 20 Questions". One child can think of a meat free food or dish and others can ask "yes or no" questions.



Meat Free Monday Crossword



Across

1. Delicious liquid food often eaten from a bowl (4)
3. Green citrus fruit (4)
6. A person who does not eat meat (10)
8. Food made from animals (4)
9. Gives the body energy, but too much makes us overweight (3)
11. Use these to make a breakfast of healthy porridge. (4)
13. Soya, runner, kidney and black-eyed are all types of _____. (4)
14. Meal eaten in the middle of the day (5)

Down

2. Vegetable that can be boiled, baked, mashed or fried (6)
4. Meat free day of the week! (6)
5. Eat five portions of fresh _____ and vegetables each day. (5)
7. Colour linked with nature and the environment (5)
10. Small round vegetable which grows in a pod (3)
12. Gives energy to plants and helps them grow (3)

